

YOUR HEALTH EXPERTS ARE SENDING YOU ON AN IMPORTANT MISSION:



CHECK OUT
FOODSUPERPOWER.ORG

TO ACTIVATE YOUR
INNER SUPERHERO!

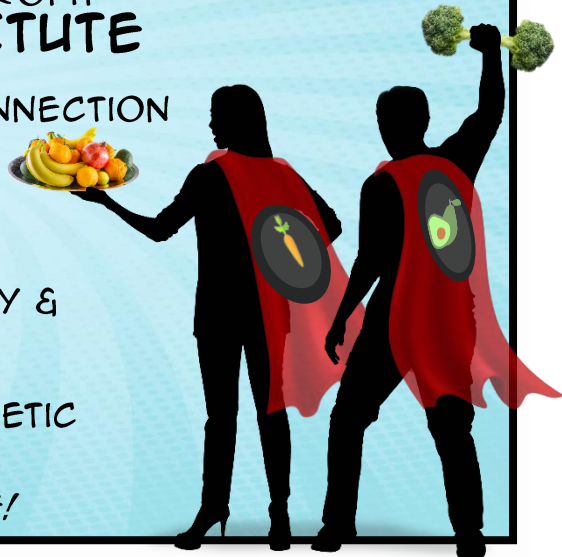
Using
FOOD
as a
SUPERPOWER

AN INTERACTIVE LEARNING ADVENTURE FROM THE
EDUCATIONAL NONPROFIT
GAPLES INSTITUTE

IN JUST 20
MINUTES, YOU'LL
LEARN:

- ⚡ THE FOOD/MOOD CONNECTION
- ⚡ FOODS THAT BOOST BRAIN POWER
- ⚡ NUTRITION FOR ENERGY & GOOD SLEEP
- ⚡ HOW TO EAT FOR ATHLETIC EXCELLENCE

...AND MUCH MORE!



PLUS!

EARN YOUR OWN
PERSONALIZED CERTIFICATE!



LEARN ON YOUR PHONE, COMPUTER OR TABLET

